

Companions of Pauline

BREAD OF LIFE Cookbook

Photo & text submitted through Evelyn Treuting

Over the years the Companions of Pauline in New Orleans have held fundraisers to support those whose needs melted their hearts. The plea to help the Sisters in Chile moved them to do something special. Kathleen Soupene, the leader, had a project that appealed to them—a cookbook. Morris Press Cook Books in Kearney, NE, had sent her a box of information and cookbook samples. The Companions were all cooks—how could they go wrong? When Kathleen asked for a volunteer to oversee this project, no hand went up. Then Evelyn Treuting offered after getting assurances that other members would give recipes to her.

Evelyn contacted Morris Press and recalls: “I was hoping for more helpful hints. But, what Morris did give us was a ‘non-profit’ account and the ability to collect recipes without reporting where/by whom they had been previously printed. I looked through all the monthly magazines I had received since 2006; cut out those recipes that sounded most delicious, and pasted each on an 8x10 blank sheet.” Recipes from other members began arriving. The Sisters in New Orleans also made their contributions: several from Sr. Francetta Scherer and a Vietnamese recipe from Sr. Theresa Marie Tran. The cookbook had eight categories—rather basic. In all, over a period of ten weeks, 391 recipes were placed in their appropriate section.

Sr. M. Joanne Ladwig put together the four-page introduction which told the story of the Sisters of Christian Charity, Mother Pauline von Mallinckrodt, and the Companions of Pauline and gave the reason for the cookbook.

Evelyn probably learned more about publishing than she cared to learn: deadlines and calling for extension of deadlines, shipping procedures, proofreading copy, rates and stipulations for printing, payment process, etc. She persevered through all of this.

The BREAD OF LIFE cookbook, 250 copies priced at \$12.00, arrived during Lent [2011]. “Each member,” Evelyn said, “took the number of books she felt she could sell. Some of us sold more books because copies were taken to work and sold there. Others got relatives to purchase copies and also to take copies to their workplace. The Sisters sold copies. Our last weekend sale was held outside of St. Benilda Church on Palm Sunday.”

And how did this cookbook get its name? Evelyn says that the idea “came into my mind while at Mass at St. Pius X Church. I am convinced that the Holy Spirit put this idea in my head. What better title?” Cookbook sales allowed the New Orleans Companions of Pauline to send \$2,562.00 to Chile. Certainly, this was “Bread of Life” for the Chilean Province. ✚



Evelyn Treuting, Companion of Pauline in New Orleans, LA, spear-headed the compilation of BREAD OF LIFE cook book.

Congratulations, New Companions

Photos courtesy of Sr. Mary Ann Warwick, SCC & Sr. Pauline Schafer, SCC

On May 1, 2011, three women signed their covenant as Companions of Pauline. All three of these women live in the Chicago area. Alea and Teri are often seen volunteering their time and talents at Sacred Heart Convent in Wilmette, IL. Mary offers her daily prayers for the Sisters. ✚



Mrs. Mary Kerrigan - IL



Alea Racht - IL



Teri Sheridan Smyth - IL